



Why 'Quantum' Leadership?

In today's' ever-changing business environment, it is E.Q. (emotional intelligence) and not I.Q. that unleashes peoples' real potential and drives new value and differentiation in the marketplace.

In fact, it is shown that E.Q. has twice the power of I.Q. to predict performance, and it is a better predictor than even employee skill, knowledge or expertise.

With the furious pace of change in commerce today, lack of self-awareness among staff, and especially leaders, can sabotage more business's than anything else - it is not strategy that gets us into trouble; it is un-noticed emotions running amok! At a time when we are asking staff to do more with less there has never been a more important time to increase self-awareness.

E.Q. is an acute awareness of one's own feelings and emotions AS WELL as an ability to show empathy for those of others. Emotions can lead to you making your worst decisions or to making your best: The difference that makes the difference is 'Emotional Intelligence'. Creating change at this level is a business game-changing paradigm shift – it changes EVERYTHING and it is a significant enabler to Leadership performance and ergo, the stability, resilience and growth of your company.

Syllabus (includes Pre-Course Work: Two-Hours)

Day One.

- The Rules Have Changed EQ v's IQ
- What is EQ
- Myths of EQ
- EQ and Leadership
- 'Know Thyself' - The Secret to Self-Awareness
- Why Leaders Go-First
 - People-First Leadership
 - Emotional Competences
- Change - Uncertainty and the Effects
- Reducing the 'Change Curve' Dip.

- Comfort Zone - A Paradigm Shift
- React or Respond - It's a choice.
- Becoming 'Respons-Able' in times of change and challenge
- Rapid Results Model® - Belief and Potential
- Creating a Compelling Leadership Vision

Day Two - The Human 'Motherboard'.

- The Human Brain – Evolution
- The Brain's Pharmacy and the Effects
- Understanding 'Emotional Signals
- The 'Emotions - Feelings - Behaviour - Performance' Cycle.
- Thoughts – Real or Fiction?
- Staff ARE NOT their behaviours! - Influencing Change.
- Understanding and Handling Instantaneous Reactions (or 'Outbursts')
- The 'Four Ears Model and How it applies to Leadership
- The Four Classes of Personal Experience
- Understanding Human Needs Psychology in the Context of Leadership

Note: Content is subject to review and change without notice

Learning Outcomes

This training is deeply introspective and is designed to affect profound change in emotional maturity and instil an ability to:

- Manage themselves - with increased levels of empathy, self-control and confidence,
- Manage the team - by developing others, holding people accountable by using team leadership skills
- Manage workload - using initiative, problem-solving and results-focused orientation,
- Manage collaboratively - by positively influencing others and fostering teamwork ethic.

Delegates completing this course will receive fourteen-days of free ongoing implementation support*

*Terms and conditions apply.